

Green PEAS

Promoting Environmental Action for Sustainability

Dare 2 GrJ w

Re-connecting with the Earth without leaving the City

16-part Sustainable Urban Living Design Course

1 x week on Wednesdays, 9am-12am (excluding school holidays)

starting date: July 22, 2009

last session: Dec 2, 2009

Over a period of 16 sessions, we will look at:

- 'reading' your home, the land it is on, and the community it is in
- Understanding the movement of natural and human energies through your property, and tapping into them for maximum efficiency and output
- Best placement for further and future developments
- Planning, starting and maintaining home-food gardens
- Enabling pro-active local community development for security and abundance

Cost: R3200

Grow Your Own

Tuesdays 9am-12am R200 ea		3-hour workshops on the topics listed below. Choose the ones that will help you. (venue: Persephone Park, Hout Bay)
July 21	Oct 6	FREE INTRODUCTION TO HOME FOOD GROWING
July 28	Oct 13	'reading' your home and the land it is on
Aug 4	Oct 20	Food gardens @ home – how to get started
Aug 11	Oct 27	Water, wind & sun management
Aug 18	Nov 3	Soil, Compost, Earthworms
Aug 25	Nov 10	Bed preparation for seeds & seedlings
Sep 1	Nov 17	Natural food garden pest control & Vegetable plant-care
Sep 8	Nov 24	Seasonal & moon-cycle planting
Sep 15	Dec 1	Garden surplus resource management

Venue: Persephone Park, Hout Bay

Bring your children and **Follow the Straw Path** – every Saturday morning, open from 9am till noon, for an educational tour of the vegetable garden – see how vegetables grow!

Cost: R10pp

Join us every Monday for lunch – eat in the garden that feeds you 'styre pap' (miellie meal) and 'shebo' – an African vegetable relish – served at 1pm.

Cost: R20 per plate. Booking essential.

For more information & bookings, write to

greenpeasco@gmail.com

or phone Kirsten: 0724449192